



WEEK 4 - THE SPIRIT OF LIFE OVERVIEW

One of the most overlooked aspects of the Holy Spirit in our world is the overwhelming *life* that is made possible by his presence. Although this absolutely applies to the new, resurrection life we can experience in the New Creation thanks to the sacrifice of Jesus, the Spirit of Life goes even deeper in our world, now. Throughout Scripture we see God's Spirit as the vivifying source of all life in Creation, we see the Spirit drawing humanity away from our violent and warlike tendencies and into life-sustaining peace, and we see the Spirit shaping Christ-followers into fountains of God's life and abundance in a still broken world. The Spirit helps us champion the life of the downtrodden, protect the life of the vulnerable, and even nurture the life of our physical world.

In a time filled with decay, pain, violence, and death, it is vital to remember that the Spirit within us is working to transform us into sources of life in our world *now*, not just in the resurrection. What might it look like to delve deeply into the life-giving richness of the Holy Spirit this year, allowing New Creation to spring up everywhere we go, and thus bringing the life of our Creator into our broken world?

The Spirit of God, who raised Jesus from the dead, lives in you.

Romans 8:11

DISCUSSION QUESTIONS

1. What pictures come to mind when you think about the *viriditas* of the Holy Spirit?
2. What do we mean when we talk about the *Spirit of Life*? (see [Genesis 1:2, 2:7](#), [Psalm 104:24, 30](#), [Job 33:4](#), [Ezekiel 37:9](#))
3. Why does the Spirit of Life matter to our faith? (see [1 Peter 3:18](#) and [Titus 3:5-6](#))
4. Read [Romans 8:1-2, 6](#).
 - a. Compare and contrast what life is like for someone before and after receiving the Spirit of Life.
 - b. What would change in your life if you would choose to intentionally live like the Spirit of Life is within you?
5. How would you go about becoming *who you already are* in Christ? What does that mean to you? (see [Romans 8:10-11](#))
6. Consider the question asked in the overview above: What might it look like to delve deeply into the life-giving richness of the Holy Spirit this year, allowing New Creation to spring up everywhere we go, and thus bringing the life of our Creator into our broken world?