

ENDURANCE

finding hope & strength in life's troubles

WEEK 4 - BECAUSE WE HAVE A PROMISE OVERVIEW

One of the first things to flee our minds during hardships is *perspective*. The challenges we face can become all-consuming, and we can forget where we've been and where we're going. The author of Hebrews provides an important reminder of the mindset we are to have in our *hypomonē*. If we want to patiently endure now, we must also remember "those *early days* when you first learned about Christ," while also never forgetting the "promise" that is ours in Christ *in the future*. Looking back and looking forward helps us endure in the now.

How has God come through for you in the past? What was it that first ignited your passion for Jesus? What hope do you have in the promises of God? How does the promise of God's New Creation bring light into the darkness of your current circumstance? This is a perfect time to gain some broader perspective on the challenges you're facing this year.

*So do not throw away this confident trust in the Lord. Remember the great reward it brings you!
Patient endurance is what you need now, so that you will continue to do God's will.
Then you will receive all that he has promised.*

Hebrews 10:35-36

DISCUSSION QUESTIONS

1. Tell about a time when a moment of perspective helped you to endure (like Maron's story of standing on the footbridge in the corn maze).
2. Read [Hebrews 10:32-39](#).
 - a. How did the readers of this letter remain faithful in the days when they first learned about Christ?
 - b. Why did the writer of Hebrews refer back to [Habakkuk 2:3-4](#)?
3. What do you do to strengthen your soul? Care for your soul?
4. Read the questions listed in the overview above. Share your answers to any of these questions that may help you endure.
5. Read [2 Corinthians 4:16-18](#). What are the unseen, eternal things that Paul is referring to?
6. Read what Jesus says in [John 11:25-26](#). Do you believe this, _____? Explain why.
7. How can lifting your eyes to God and remembering his promises help you endure? (see [Lamentations 3:1-25](#))

Prayer

Dear Father, thank you for helping us endure so many times before. Please help us to remember all that you have done for us and that there are better things waiting for us that will last forever. We love you. In Jesus' name we pray.